

Helping Neighbors, Feeding Friends

Key Takeaway Points

We believe Meals on Wheels is a vital resource necessary for seniors to “age in place” and to sustain others who are “homebound” due to disabilities or temporary health issues. No one should go without a meal, regardless of age, income, or disability.

Key Statistics and Points:

- The senior population in South Carolina will double over the next 15 years
- The cost of one year of meals at home is the same costs as one week in assisted living
- We serve over 400 meals per day, 365 days per year; meals are purchased fully prepared from Senior Catering and Lowcountry Food Bank, we package the meals and deliver.
- We believe in the concept of “food as medicine” and are currently piloting a healthy meals initiative with reduced salt/fat, more fresh fruit and vegetables. ***This is the largest transformational initiative in our history and switching to healthier meals will create our largest incremental funding need going forward.***
- Our services are much more than just a meal- we are in a unique position being face-to-face with our recipients daily to provide a safety check- we are the first to see issues and additional needs- we work with other organization to resolve problems outside the scope of our mission
- We serve ANYONE who is homebound, regardless of age or income
- We now have a “Feeding Friends” program to serve those who have recently been discharged from the hospital after illness, surgery, or organ transplant
- 440+ volunteers and the financial support of our community make this all possible
- Celebrating our 31st anniversary this year and over 1.9M meals served
- Meals on Wheels is the only nonprofit focused specifically on serving meals to those who are homebound and cannot prepare a meal for themselves.

We believe local, community-based solutions provide the best quality of programs, more personalized services, greater efficiencies, and best overall outcomes for seniors and others who are homebound.

If you would like to volunteer, refer someone who is in need of meals, or make a financial contribution to provide meals, or contact info is below: