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February 14, 2012

February E-newsletter

Hi {FIRST_NAME|Friend of Meals on Wheels},
Generosity and kindness have been especially abundant at East Cooper Meals on Wheels in recent weeks. We've had a number of people stopping in to see how they can help, and we're thrilled that many of those people have quickly become regular volunteers. Students at Lighthouse Christian, a local Boy Scout group and participants in the All Saints Lutheran Respite Care program made some special gifts that were delivered to our recipients today in celebration of Valentine's Day. Businesses are already stepping up to support our annual gala, evidenced by a great chef line up and some fabulous auction items to get us started! May each of you benefit from a bit of kindness today, just as you have so graciously shared your kindness with us!

Subaru continues to "Share The Love" with a \$35,000 grant for Meals on Wheels

When employees from [Crews Subaru of Charleston](#) first volunteered with us in November 2011, they said they'd love to do more! Thanks to their high level of engagement during the 2011 "Share The Love" Event, as well as their continued support of East Cooper Meals on Wheels, we have been awarded the top grant in the country -- \$35,000 - - by [Subaru of America, Inc.](#) and the [Meals on Wheels Association of America](#). As our recipient roster continues to grow, this grant will have a significant impact on our ability to continue delivering daily nutrition to homebound seniors east of the Cooper. Thank you, Subaru!



Get Ready for Meals on Heels

The East Cooper Entrepreneurial Women will be donning their red high heels in March to deliver meals to homebound seniors in our community. Show your support for their effort by becoming a sponsor or attending their kick-off event on **Thursday, February 23**, at Liberty Tap Room. You'll enjoy great food and wine as you help them get



SAVE THE DATE for MAY 9



Quote of the Month

"I am very happy to receive the food--it is warm and ready to eat. Delicious!"

--Lucille Pochabet, Route 7

Business Partners

Charleston Chefs Feed the Need has a significant impact on our ability to

“pumped” up for their fight against senior hunger. Local celebrity judges from Army Wives, WCIV ABC News 4, 92.5, Wonder Works and the Town of Mount Pleasant will be giving away a \$100 Whole Foods gift certificate to the person sporting the best red heels of the night. [Tickets are \\$15 in advance](#) or \$20 at the door.

Did You Know?

We have added 18 new recipients to our delivery routes since January 1st -- a 13% increase over this time last year.



continue serving meals without charge and without a waiting list. Each month, a local chef prepares lunch for our recipients, helping us reduce our food costs.

Whether it's southern comfort food or a fancy meal from a downtown restaurant, the recipients look forward to these special meals delivered right to their doors--no waiting or reservations required! This year, Charleston Chefs Feed the Need has been selected as the signature charity of the BB&T Charleston Wine + Food Festival, so if you're attending the [Farm Feast Auction](#) or other festival events, you'll be paying it forward by supporting one of our amazing partners!

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